



COVID-19 UPDATE: Edition #7

May 22, 2020

The clinic is committed to ensuring your bleeding disorder care is a priority. As usual, after hours and weekends there is a hematologist on call at St Paul's Hospital. If you are thinking you need to present to the hospital in person, please call us first so we can provide guidance.

Latest COVID-19 information: [BCCDC](#) ** [Health Canada](#) ** [WHO](#)



Virtual visits and telephone-consultation will continue to be prioritized over in-person appointments when appropriate to reduce the patients in the clinic.

In person visits are resuming across many programs at St. Paul's hospital as per the direction from the ministry of health and Dr. Bonnie Henry. While how we do this may be a bit different we will do our very best to make sure the care you receive is the same. Across the organization there are processes being put in place to ensure that patients can follow physical distancing recommendations while accessing services. If you have been booked for an in person appointment you will receive more details regarding what to expect in your appointment confirmation e-mail. We look forward to seeing you.

Coping with Stress, Anxiety and Substance Use during COVID-19

Poster overviewing facts, tips and resources to help Canadians cope with stress, anxiety and substance use during COVID-19. Topics include the signs and symptoms of anxiety or stress, and coping mechanisms. Also includes advice on monitoring substance use in times of stress and reducing harms.

<https://www.ccsa.ca/coping-stress-anxiety-and-substance-use-during-covid-19-infographic>

To access information presented in our past COVID-19 weekly emails please visit our website at:
www.hemophilia.providencehealthcare.org

Wishing you and your family good health!
The Adult Bleeding Disorders Team

